

# traveling with a baby checklist

## transportation

stroller

no stroller? no problem! a baby carrier works just as well.

baby carrier

for example: boba, ergo baby, moby

carseat + base

## eats

formula/breastmilk

bring enough for the flight and possible flight delay

breast pump + parts

snacks

puffs/cheerios/squeeze pouch

2-3 bottles

2 spoons

bibs

burp cloth

jar of baby food

## health

thermometer

hand wipes

tylenol/motrin

small kit

bag with nail clippers, nail file, comb, brush, medicine dispenser, other items

## changing

diapers

wipes

diaper cream

changing mat

hand sanitizer

extra outfit

## comfort

favorite toy

new toy/surprise toy

for longer flights, bring out midway

pacifier

fabric book



you got this momma!

